

Taylor County Preschool Emergency NTI Days Resource

<u>Physical/ Gross Motor</u>	<u>Math</u>	<u>Literacy</u>	<u>Science</u>	<u>Fine Motor Skills</u>	<u>Social Emotional</u>
How many jumping jacks can you and your child do without stopping?	Invite your child to sort coins with you.	Read a story before going to bed. Make up a new ending together.	Fill a bowl with water. Invite your child to drop approved items in to see if they sink or float.	Have your child draw a picture of your home. Discuss your address.	Play restraint and make lunch for your family.
Who can stand on one foot the longest? You or your child?	How many (use any color) items can you find in your home?	Read a story and invite them to retell it in their own words.	Make a matchbox car ramp and see how far you can get your car to roll.	Have your child use tongs, tweezers or a clothes pin to move small objects such as cotton balls from a bowl to a cup.	Play dress up with old clothing.
Dance to your favorite music.	Count how many steps it takes to go from your front door to your room.	Sing "Twinkle Twinkle Little Star" or other songs.	Help your child stack and balance items.	Have your child draw a portrait of a member of your family.	Let your child help to prepare a meal. Allow them to do simple tasks like tearing lettuce.
Wad up sheets of paper/socks and have an indoor snowball fight.	Count how many birds you see.	Clap out your child's name.	Drop approved items to the floor and see which ones fall fast and which ones will float.	Cut old magazines, ads or any type of paper with scissors. Practice cutting out things, cutting lines, circles or zig zags.	Make faces at each other to guess the emotion.
Play follow the leader.	Help mom with laundry and find matching socks.	Recite the ABC's	Place snow from outside or an ice cube in a bowl and time how long it takes to melt.	Spray small amount of shaving cream or soap on the table and practice making lines, shapes, numbers or letters.	Play music and allow your child to draw a picture of how it makes them feel.
See how far you and your child can jump.	Allow your child to help set the table. Putting out forks etc. for each person.	Help your child find items around the house that rhyme.	While cooking show your child the food before and after and ask them to tell you how it changed.	Cut the front of a cereal box into pieces to make a puzzle. Practice putting the puzzle together with your child.	Say something you love about each person in your home.
Throw a ball back and forth with your child. Count how many throws before it drops.	Enjoy a snack together. Discuss who has more and who has less.	Ask your child to tell you about something. Make sure to phrase it so that they must answer more than yes or no.	Name one living thing outside	Help your child practice tying their shoe.	Name one thing that makes you happy
Hop like a bunny from one room to another	Count the windows in your home.	Ask your child to tell you a story of their favorite school day	Name something heavy in your home and something light.	Practice zipping a zipper, buttoning and snapping.	Name one thing that makes you sad
Walk backwards from one piece of furniture to another.	Count the doors in your home.	Find 5 letters in your house.	What happens when you add water to salt or water to sugar?	Practice using your eating utensils. (spoon and fork)	What makes you scared?